



A screening  
mammogram

WE DO IT.  
HOW ABOUT  
YOU?

Dear Madam,

We invite you to join the Bevolkingsonderzoek Borstkanker (Breast Cancer Screening Programme) for women aged 50 to 69. The programme involves taking a screening mammogram every two years to detect breast cancer at an early stage. It is up to you to decide whether or not to join this programme, but the sooner breast cancer is diagnosed, the better the chances of full recovery and the less heavy the treatment.

#### HOW TO JOIN?

##### Go to the appointment we suggest here:

Date and time:  
Mammography unit:

##### Bring the following:

- your identity card;
- this letter;
- past mammography results (if you have any)

The screening mammogram is free of charge if you have Belgian health insurance.

#### Would you like to reschedule your appointment or do you prefer another mammography unit?

- Call the freephone number **0800 60 160**. Dial your postal code and you will be redirected to our help desk.
- Mail to [info@bevolkingsonderzoek.be](mailto:info@bevolkingsonderzoek.be). State your personal code, your postal code, your preferred date and time for an appointment and your phone number. We will get back to you.

Keep this letter and bring it to your new appointment. It is your mammography prescription.  
You will not receive another letter after changing your appointment.

#### Would you like more information about this programme?

- Please read the enclosed leaflet.

#### Do you have personal questions or are you not sure whether to join this programme?

- Contact your general practitioner.
- Visit [www.bevolkingsonderzoek.be](http://www.bevolkingsonderzoek.be)

#### Do you want to opt out of this programme?

Please inform us of your decision, so we can make new appointments for other women.

- Visit [www.bevolkingsonderzoek.be/borstkanker/nietdeelnemen](http://www.bevolkingsonderzoek.be/borstkanker/nietdeelnemen).
- Enter your personal code.
- Call the Freephone number **0800 60 160**. Dial your postal code and you will be redirected to our help desk.

Kind regards,

Dr. Patrick Martens

Managing Director of the Centrum voor Kankeropsporing (Centre for Cancer Detection).